

GENGHIS GRILL®

APPETIZERS

CHICKEN POTSTICKERS

All white meat chicken stuffed in a seared wonton wrapper with our signature 3G dipping sauce.
\$8.99 – 350 cal

HUMMUS

Signature hummus, dragon salt tortillas and fresh bell peppers garnished with green onions and topped with our scratch-made basil pesto sauce.
\$9.49 – 985 cal

TERIYAKI CHICKEN QUESADILLA

All white meat chicken marinated in sweet and tangy Teriyaki, cheddar cheese, yellow & green onions, roasted bell peppers, cilantro, with a scratch-made spicy ranch dipping sauce.
\$10.99 – 775 cal

BACON RANCH QUESADILLA

Smoked bacon, Hidden Valley™ ranch-seasoned chicken, cheddar cheese, yellow & green onions, roasted bell peppers and cilantro with buttermilk ranch dipping sauce.
\$10.99 – 1180 cal



BEVERAGES

SOFT DRINKS

Coca-Cola, Diet Coke, Coke Zero, Sprite, Dr. Pepper.
\$2.99 – 0-130 cal

FRESHLY BREWED TEA

Sweetened and unsweetened.
\$2.99 – 0-80 cal

LEMONADE

\$2.99 – 140 cal

CUSTOMIZE YOUR DRINK!

Add strawberry, peach, mango, or raspberry flavor.
\$0.75 – 50-80 cal

*Free refills not available on flavored drinks.



EAT
MORE
BOWLS

VALUEBOWLS™

Fast, fresh, delicious – and all under \$8.

Served on steamed white rice.

ADD extra protein to your bowl for \$2

DRAGONFIRE SHRIMP

Our most popular & spiciest VALUEBOWL! Shrimp, crushed red pepper, ginger and green onions smothered in our signature spicy dragon sauce. Topped with toasted sesame seeds
\$7.99 – 650 cal

BEEF & BROCCOLI

We'll put our beef & broccoli against anyone's! Premium beef and hand cut broccoli tossed in our secret garlic sauce blend. Topped with green onions.
\$7.99 – 840 cal

LIL' TERI

This lil' gem is a slimmed-down version of our most popular Chef Bowl. Chicken, ginger, garlic and fresh pineapple glazed in our signature sweet teriyaki sauce. Topped with green onions.
\$7.99 – 775 cal

ALL BEEFED UP

Settle the beef with your tastebuds. Premium steak, crushed red pepper, ginger and green onions in our signature savory soy sauce blend. Topped with toasted sesame seeds.
\$7.99 – 750 cal

SMOKIN' PULLED PORK

Truly a barbecue in a bowl. Smoked pulled pork, corn, black beans, jalapeños, cilantro, yellow onions, cumin and crushed red pepper in a tomato soy sauce. Topped with cilantro.
\$7.99 – 530 cal

GARLIC PARM

This one's packed full of flavor: Chicken, yellow onions, mushrooms and broccoli smothered in our roasted garlic parmesan sauce. Topped with green onions.
\$7.99 – 885 cal



GENGHIS REWARDS

JOIN TODAY AND START EARNING FREE BOWLS! VISIT [GENGHISGRILL.COM/REWARDS](https://www.genghisgrill.com/rewards) FOR MORE INFO!

Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Before ordering, please inform your server of any food allergies, nutritional or dietary restrictions. We cannot guarantee any item is completely devoid of potential allergens, gluten, or animal products. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information is available upon request and on [genghisgrill.com](https://www.genghisgrill.com).

OUR BOWL SIZES

WE RECOMMEND STARTING WITH THE SMALL, TRUST US



THE PERFECT SIZE



FOR THE HUNGRIER



ENOUGH TO SHARE

FAMOUS FRIED RICE

Can you keep a secret? Nah, we can't either. This is the best fried rice in America. Period!

ADD extra protein to your bowl for \$4



SUPREME

Our most popular fried rice bowl. Chicken, shrimp and premium steak reign supreme, served with yellow & green onions, red bell peppers, carrots and scrambled egg.

S \$9.99 – 750 cal M \$14.99 – 1105 cal L \$19.99 – 1495 cal

KIMCHI



Like it spicier? The signature ingredient here is spicy pickled cabbage with our signature fried rice and scrambled egg, tossed with our spicy Korean chili sauce and topped with toasted sesame seeds.

S \$9.99 – 950 cal M \$14.99 – 1455 cal L \$19.99 – 2160 cal

JAMBALAYA

The big easy at Genghis. Chicken, sausage, shrimp, green & yellow onions, green & red bell pepper and our cajun spices in dirty rice. Topped with green onions.

S \$9.99 – 650 cal M \$14.99 – 845 cal L \$19.99 – 1270 cal

FARMHOUSE

This one has it all! Chicken, bacon and jalapeños tossed in Hidden Valley™ ranch seasoning, fried rice with carrots, red bell peppers and yellow and green onions drizzled with a creamy BBQ ranch sauce. Topped with green onions.

S \$9.99 – 1010 cal M \$14.99 – 1520 cal L \$19.99 – 2115 cal

CHEF BOWLS

Let our bowl experts make it for you from 12 of our best recipes.

ADD extra protein to your bowl for \$4



CHOPHOUSE

Steak lovers rejoice! Premium steak, garlic, yellow onions, broccoli, mushrooms and smashed potatoes all sauced with A1™ steak sauce. Topped with green onions.

S \$9.99 – 510 cal M \$15.99 – 800 cal L \$21.99 – 1075 cal

WHEN IN ROME

This classic Italian favorite will have you saying “Mangia, mangia!” Chicken, crushed red pepper, spinach, yellow onions, roasted red peppers and our scratch-made basil pesto sauce served on a bed of cauliflower rice.

S \$9.99 – 525 cal M \$15.99 – 830 cal L \$21.99 – 1190 cal

B.L.T.C.H.

Everyone's favorite sandwich in a bowl! Chicken, bacon, Hidden Valley™ ranch seasoning, spinach, tomatoes, yellow onions and a cheesy pesto sauce served on white rice.

S \$9.99 – 935 cal M \$15.99 – 1370 cal L \$21.99 – 1910 cal

GIMME CHIMI

No mistake here! Premium steak, crushed red pepper, garlic, yellow onions, red & green bell peppers, black beans, charred corn and our signature chimichurri sauce drizzled with sour cream all served on white rice.

S \$9.99 – 715 cal M \$15.99 – 1160 cal L \$21.99 – 1575 cal

LONESTAR



Everything is bigger in Texas. Cajun sausage, chicken, yellow onions, charred corn, red & green bell peppers, jalapeños, tomatoes and seasonal craft BBQ sauce all served on white rice. Topped with cilantro.

S \$9.99 – 935 cal M \$15.99 – 1150 cal L \$21.99 – 1560 cal

SWEET CHICKEN O' MINE

Your taste buds will be singin' after this one! Chicken, crushed red pepper, ginger, red bell peppers, yellow onions and sugar snap peas tossed in our signature Hoisin sauce all served on healthy quinoa. Topped with green onions and toasted sesame seeds.

S \$9.99 – 640 cal M \$15.99 – 975 cal L \$21.99 – 1350 cal

BANGKOK

Chicken, crushed red pepper, ginger, yellow and green onions, sugar snap peas, red bell peppers, carrots and our favorite Udon noodles tossed in our secret savory sauce. Topped with toasted sesame seeds and green onions.

S \$9.99 – 705 cal M \$15.99 – 1175 cal L \$21.99 – 1625 cal

ALL-AMERICAN

Yes, we did it – A burger in a bowl! Ground chuck beef, yellow onions, tomatoes, dill pickle relish, cheddar cheese, potato hash and our secret sauce. Topped with toasted sesame seeds and breadcrumbs.

S \$9.99 – 790 cal M \$15.99 – 1375 cal L \$21.99 – 1810 cal

HOT & SPICY



CAUTION – This one's hot! Premium steak, ginger, cayenne, garlic, crushed red pepper, sugar snap peas, red bell peppers and green onions with our signature spicy ginger dragon sauce served on white rice. Topped with toasted sesame seeds.

S \$9.99 – 815 cal M \$15.99 – 1210 cal L \$21.99 – 1600 cal

TERIYAKI CHICKEN

Our most popular Asian-inspired bowl returns. Fresh pineapple, chicken, broccoli and green onion in a sweet soy ginger teriyaki sauce served on white rice. Topped with crunchy chow mein.

S \$9.99 – 815 cal M \$15.99 – 1095 cal L \$21.99 – 1570 cal

MEAN N' GREEN



Eat your veggies and love it. Dr. Praeger's™ meatless Chick'n, red and green bell peppers, sugar snap peas, baby corn, zucchini, squash, carrots and green onions tossed with a signature tangy 3G sauce and served on cauliflower rice.

S \$9.99 – 625 cal M \$15.99 – 965 cal L \$21.99 – 1355 cal

TOFU 4 U



Tofu lovers can't pass it up. With dragon salt, yellow onions, broccoli, roasted bell peppers, roasted sesame garlic sauce served on white rice. Topped with toasted sesame seeds and green onions.

S \$9.99 – 640 cal M \$15.99 – 980 cal L \$21.99 – 1300 cal

CREATE YOUR OWN BOWL

This is where it all started. You build it and we'll grill it.

S – \$14.99 M – \$17.99 L – \$24.99

PICK YOUR BASE

WHITE RICE (130 cal)
FRIED RICE (210 cal)
UDON NOODLES (140 cal)
CABBAGE (15 cal)
TORTILLAS (220 cal)
RICE NOODLES (150 cal)

QUINOA (55 cal)
POTATO HASH (90 cal)
CAULIFLOWER RICE (+\$1.99 | 75 cal.)

Add a Scrambled Egg to Your Bowl – \$0.50
Add Cheddar Cheese to Your Bowl – \$0.50

WE DO IT
ON A
GRILL



MENU LEGEND

EXTRA PROTEIN FOR CHEF BOWLS,
VALUEBOWLS™ AND FRIED RICE

CHICKEN, STEAK, SHRIMP,
TOFU, DR. PRAEGER'S™ CHICK'N



= SPICY



= VEGETARIAN



= GLUTEN FREE

Substitute any base on any Chef Bowl only. No other substitutions allowed.

V6 – 06/23